

Grid to be read in conjunction with the General Rules and the Qualification rules
 Events marked with a * are time barred from 2017 -2022.

Items in red font are changes for 2022

| Internal representation / Rowing Achievements | Championship / Championship Lwt | Aspirational | Aspirational Lwt | Development |
|--|------------------------------------|----------------|------------------|-------------|
| Olympic Games | | Excluded | Excluded | Excluded |
| Paralympic Games | | Excluded | Excluded | Excluded |
| World Championship | | Excluded | Excluded | Excluded |
| World Cup | | Excluded | Excluded | Excluded |
| World University Championships (FISU) | | Excluded | Excluded | Excluded |
| World U23 Championship | | Excluded | Excluded | Excluded |
| Commonwealth Rowing Championships | | Excluded | Excluded | Excluded |
| European Championships | | Excluded | Excluded | Excluded |
| U19 / Junior World Championship | | Medallist* | Medallist* | Excluded |
| Youth Olympics | | | | Excluded |
| European U23 Championships | | Medallist* | Medallist* | Excluded |
| European Junior Championships | | | | Excluded |
| Home Countries | | Winner (Open)* | Winner (Lwt)* | Excluded |
| Coupe de la Jeunesse | | | | Excluded |
| GB France Match | | | | Excluded |
| Invited to closed GB trial or equivalent in any country (GB clarification: Dec GBRT Trial & Testing or GBRT April Trial) | | Excluded* | Excluded* | Excluded |
| GB Team Senior closed assessment invite or equivalent / country | | | | Excluded |
| | | | | |
| Senior British Championships gold | | Excluded* | Excluded* | Excluded |
| Senior British Championships medallist | | | | Excluded |
| Senior British Championships plaque (Open / Lwt / U23) | | Excluded* | Excluded* | Excluded |
| Senior British Championships plaque (U19) | | | | Excluded |
| Junior British Championships J18 event medallist | | | | Excluded |
| National Schools Championship event medallist | | | | Excluded |
| | | | | |
| HWR winner at Championship / Elite / Senior / Aspirational level | | Excluded* | Excluded* | Excluded |
| HWR winner in any event | | | | Excluded |
| HWR qualifier from a time trial in any event except Dev 4+ / J18 / J16 | | | | Excluded |
| HWR winner of a round in any event except Dev 4+ | | | | Excluded |
| | | | | |
| BUCS Regatta Championship winner (open event) | | Excluded* | Excluded* | Excluded |
| BUCS Regatta Championship competitor (open event) | | | | Excluded |
| BUCS Regatta Championship winner (Lwt event) | | | Excluded* | Excluded |
| BUCS Regatta Intermediate winner | | | | Excluded |
| | | | | |
| HRR Open event competitor | | Excluded* | Excluded* | Excluded |
| HRR Wargrave / Island event winner | | Excluded* | Excluded* | Excluded |
| HRR Junior event winner | | Excluded* | Excluded* | Excluded |
| | | | | |
| WEHoRR placing in top 50 | | | | Excluded |
| | | | | |
| Oxford / Cambridge Open Blue | | Excluded* | Excluded* | Excluded |
| Oxford / Cambridge lightweight blue | | | | Excluded |
| | | | | |
| Irish competitors with Senior or Intermediate status | | | | Excluded |
| | | | | |