



Time Trial Instructions J16 Events 2022

A time trial is required for the following events on Friday 17 June

Event	Entry	Boating time from	Race Time	No Crews to Qualify	No of Crews to seed
J16 4x Nina Padwick Trophy	29	18:15	18:50	8	4
J16 4+ West End ARA Trophy	20	18:35	19:10	8	4

The time trial will be held over approximately 1,400m starting halfway along Temple Island and finishing at the normal regatta finish at Remenham Club.

All crews entered in the events named above will be required to race on Friday evening

- **Crews will boat in numerical order (Lowest number first) and must obey Marshal's instructions in the boating area and on the way to the start.**
- Crews will follow the normal circulation pattern to the start area where they will be marshalled on the Berkshire (towpath) bank.
- Crews will be started once they have negotiated the stake boats and have come onto the course.
- The command GO will be given approximately 50 metres before the timing start.
- Crews will be started at 30-second intervals.
- If a faster crew catches a slower one, the slower boat must move to the Buckinghamshire side of the course in order to keep out of the way of the faster one.
- Umpires will be stationed along the course and any crew impeding another one will be given a substantial time penalty.
- Once a crew has crossed the finish line it must continue to the gap in the booms and turn off the course towards the Berkshire (towpath) bank in order to return to the rafts.

The 8 fastest crews in the J16 events will be announced in alphabetical order after the race. The fastest 4 crews will be seeded in the draw. A list of unsuccessful crews will be published, in finishing order.

Coxes must weigh-in at least 30 minutes before boating for the time trials.

Entry enquiries to: entries@hwr.org.uk General enquiries to: enquiries@hwr.org.uk