



Qualification Rules of Henley Women's Regatta

21st-23rd June 2024

1) Entries

- 1.1) The committee will examine the withdrawal/substitution of any crew after the close of entries or during the regatta and reserves the right to exclude the club/competitor from all other events at the regatta or in the future.
- 1.2) Any competitor withdrawing from an event, **after close of entries**, will only be allowed to substitute into another event with the permission of the Chairman of the Race Committee.
- 1.3) The rules referring to crews do not include coxes, other than doubling up.
- 1.4) **The rules referring to exclusions do not include Beach Sprint achievements.**
- 1.5) It is expected that crews will have raced in the **2023/24** season. Any crews with zero points risk their entry being rejected.

2) Events

- 2.1) All semi-finals and finals will be raced on **Sunday 23rd June**.
- 2.2) Doubling up is not allowed.

Championship events – see Regatta rule 7

The Ron Needs Cup – for eights

The Avril Vellacott Cup – for coxless fours

The Redgrave Challenge Vase – for coxless pairs

The Borne Cup – for quadruple sculls

The W. Peer Cup – for double sculls

The George Innes Cup – for single sculls

- Open to members of any eligible club
- Composite crews allowed
- Coxes shall be born before **1st September 2010**
- All other competitors must have been born before **1st September 2007** i.e. be at least J17
- American Division 1 crews, who have qualified for NCAA Championships, are expected to enter these events
- No CVs are required for these events

Championship lightweight events - see Regatta rule 7

The Haslam Trophy – for lightweight double sculls

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The Parkside Trophy – for lightweight coxless pairs

The Godfrey Rowports Trophy – for lightweight single sculls

- Open to members of any eligible club
- Composite crews allowed
- No juniors allowed
- American Division 1 crews, who have qualified for NCAA Championships, are expected to enter these events
- The crew average must not exceed 57kg, and no competitor may exceed 59kg
- No CVs are required for these events

Aspirational events - see Regatta rule 7

The Colgan Foundation Cup – for academic eights

The Copas Cup – for club eights

The Cathy Cruickshank Trophy – for academic coxless fours

The Lester Trophy – for club coxless fours

The Chairman's Trophy – for quadruple sculls

The Rosie Mayglothling Trophy – for double sculls

The Bernard Churcher Trophy – for single sculls

The Fiona Dennis Trophy – for lightweight single sculls (no competitor may exceed 59kg. Juniors are not allowed to enter this event)

- Open to members of any eligible club
- Composite crews allowed
- Coxes shall be born before **1st September 2010**
- All other competitors must have been born before **1st September 2007** i.e. be at least J17
- All overseas crews are required to submit a rowing CV (per Regatta Rule 3.3) detailing all wins, both rowing and sculling, to be considered for these events

No crew may contain any competitor (except those from developing nations), who has been selected (including spares) for the:

- Olympic Games
- Paralympic Games
- World Rowing Championships
- World Cups
- World University Rowing Championship (FISU)
- World Rowing Under 23 Championships
- Commonwealth Rowing Championships



- European Rowing Championships **or other continental equivalent**

No crew may contain any competitor who has, from **2019-2024** inclusive:

- Won gold in any boat type at the British Rowing Senior Championships (or the equivalent in any country)
- Won a plaque in women's, lightweight women's or women's under 23 events at the British Rowing Senior Championships. This exclusion does not apply to the winners of the non-HPP university or college, club, U23 lightweight, or U19 plaques
- Won a medal at the World Rowing Junior / U19 Championships
- Won a medal at the European Rowing Under 23 Championships **or other continental equivalent**
- Won a Championship/Aspirational event at HWR in either discipline
- Won a BUCS Regatta gold medal in a Championship openweight event in either discipline (or the equivalent in any country)
- **Won a medal in either discipline at the NCAA regatta**
- Raced in any Open event at Henley Royal Regatta in either discipline
- Won a Club / Student / Junior event at Henley Royal Regatta
- Been invited to closed GB trial or equivalent in any country (GB clarification: Dec GBRT Trial & Testing or GBRT April Trial)
- Been awarded an Oxford/Cambridge Blue in an open crew (not the lightweight crew)
- Won a senior event at the Home International Regatta in either discipline (excluding Para categories **and 500m sprint racing**)
- For the Fiona Dennis Trophy for lightweight single sculls only: Won a lightweight event at the Home International Regatta (**excluding 500m sprint**), or a lightweight Championship BUCS Regatta event or been awarded an Oxford / Cambridge blue in the lightweight crew

The Copas Cup and the Lester Trophy for club crews

- No crew shall contain any competitor who is a registered internal student of an academic institution or school and who has raced in an open regatta (not head race) including BUCS in the current season (i.e. **1st September 2023 – 21st June 2024**) for that club

The Colgan Foundation Cup and the Cathy Cruickshank Trophy for academic crews

- Competitors shall be registered full time students of the university, school or college for the whole of the academic year **2023/24**. For those with a course start date between **1st January and 1st April 2024**, they must be a registered full time student for the whole of **2024**.
- A student (non-junior) studying at an academic institution not registered with their national federation may, upon written approval from the Race Committee Chairman, race in these events for an alternative affiliated institution

Development event - see Regatta rule 7



The Frank V Harry Cup – for coxed fours

- Open to members of any one club affiliated to British Rowing, Scottish Rowing, Welsh Rowing or Rowing Ireland
- Crews from Ireland must be of novice or club status level
- Crews are encouraged to use experienced coxes
- Any competitor who has competed in another country and wishes to take part in this event as a member of a UK club is required to contact the Entries Secretary
- Composite crews are not allowed
- Crews may contain a maximum of two juniors who must have been born before **1st September 2008** i.e. be at least J16
- Coxes shall be born before **1st September 2010**
- No crew shall contain any competitor who has represented her country in any international regatta at any level/age (including developing nations)

In addition, no crew may contain any competitor who has:

- Previously won any event at HWR
- Previously qualified via the time trial for any event at HWR except Development 4+ or any **Junior or J16** events
- Previously won a round at HWR in any event except Development 4+
- Competed in any non-lightweight Championship event at BUCS Regatta
- Won a gold medal in a Lightweight Championship event at BUCS Regatta
- Won an Intermediate event at BUCS Regatta
- Won a medal or any plaque at the British Rowing Senior Championships (or the equivalent in any country) in either discipline, irrespective of number of crews raced
- Won a medal at National Schools Regatta in a Championship event or won a medal in a J18 event at the British Rowing Junior Championships (or the equivalent in any country) in either discipline, irrespective of number of crews raced
- Placed in the top 50 in the Women's Eights Head of the River Race
- Been classified as time only in the Women's Eights Head of the River Race and achieved a time which would place them in the top 50 in that year
- Raced in any event at Henley Royal Regatta in either discipline
- Been invited to closed Senior or Junior GB trial or equivalent in any country
- Been awarded an Oxford or Cambridge Blue at any time (Open or Lightweight) or been selected for Blondie / Osiris

Para competitors or athletes wishing to enter this event should contact the Entries Secretary

Junior events - see Regatta rule 7

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The Peabody Cup – for junior eights
The Groton School Challenge Cup – for junior coxed fours
The Bea Langridge Trophy – for junior quadruple sculls
The Rayner Cup – for junior double sculls
The Di Ellis Trophy – for junior single sculls

All events are classified as Junior (J18)

- Open to members of any eligible club or academic institution
- Composite crews allowed. Composite crews which include final triallists for the junior team or similar are expected to enter an Aspirational event
- Competitors including coxes must not have attained 18 years of age before **1st September 2023**.
- At least 50% of the crew (excluding cox) must be born between **1st September 2005 and 31st August 2007. i.e. are J18 or J17**. The remaining crew members may be born between **1st September 2007 and 31st August 2008** i.e. are J16
- Coxes shall be born before **1st September 2010**

J16 events - see Regatta rule 7

The Nina Padwick Trophy – for J16 quadruple sculls
The West End Amateur Rowing Association Trophy – for J16 coxed fours

- Open to members of any eligible club or academic institution
- Composite crews allowed
- Competitors shall be born between **1st September 2007 and 31st August 2009** i.e. are J15 or J16
- **Clubs/academic institutions may enter multiple crews containing solely J16 competitors (ie competitors born between 1st September 2007 and 31st August 2008)**
- **Clubs/academic institutions may enter one crew per J16 event, that contains up to 50% of J15 competitors (ie born between 1st September 2008 and 31st August 2009)**
- Coxes shall be born between **1st September 2005 and 31st August 2010**. i.e. J14-J18

Para-rowing single sculls events

The Grosvenor Cup – for para-rowing PR3 single sculls
The Vesta Cup – for para-rowing PR2 single sculls

- Open to competitors who have a World Rowing Para classification
- Open to members of any eligible club or academic institution

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- Competitors must have been born before **1st September 2007** i.e. be at least J17
- Where there are more than four entries the first round may be run as a time trial on **Friday 21st June**

3) Seeding

- 3.1) All events with 4 or more entries will be seeded from the time trial
- 3.2) The Regatta reserves the right to “seed” crews in other events based on their performance in **2024**