



Qualification Rules of Henley Women's Regatta
20th-22nd June 2025

1) Entries

- 1.1) The committee will examine the withdrawal/substitution of any crew after the close of entries or during the regatta and reserves the right to exclude the club/competitor from all other events at the regatta or in the future.
- 1.2) Any competitor withdrawing from an event, after close of entries, will only be allowed to substitute into another event with the permission of the Chairman of the Race Committee.
- 1.3) The rules referring to crews do not include coxes, other than doubling up.
- 1.4) The rules referring to exclusions do not include Beach Sprint achievements.
- 1.5) It is expected that crews will have raced in the **2024/25** season. Any crews with zero points risk their entry being rejected.

2) Events

- 2.1) All semi-finals and finals will be raced on **Sunday 22nd June**.
- 2.2) Doubling up is not allowed.

Championship events – see Regatta rule 7

The Ron Needs Cup – for eights

The Avril Vellacott Cup – for coxless fours

The Redgrave Challenge Vase – for coxless pairs

The Borne Cup – for quadruple sculls

The W. Peer Cup – for double sculls

The George Innes Cup – for single sculls

- Open to members of any eligible club
- Composite crews allowed
- Coxes shall be born before **1st September 2011**
- All other competitors must have been born before **1st September 2008** i.e. be at least J17
- American Division 1 crews, who have qualified for NCAA Championships, are expected to enter these events
- No CVs are required for these events

Championship lightweight events - see Regatta rule 7



The Haslam Trophy – for lightweight double sculls

The Parkside Trophy – for lightweight coxless pairs

The Godfrey Rowsports Trophy – for lightweight single sculls

- Open to members of any eligible club
- Composite crews allowed
- No juniors allowed
- American Division 1 crews, who have qualified for NCAA Championships, are expected to enter these events
- The crew average must not exceed 57kg, and no competitor may exceed 59kg
- No CVs are required for these events

Aspirational events - see Regatta rule 7

The Colgan Foundation Cup – for academic eights

The Copas Cup – for club eights

The Cathy Cruickshank Trophy – for academic coxless fours

The Lester Trophy – for club coxless fours

The Chairman's Trophy – for quadruple sculls

The Rosie Mayglothling Trophy – for double sculls

The Bernard & Pauline Churcher Trophy – for single sculls

The Fiona Dennis Trophy* – for lightweight single sculls (no competitor may exceed 59kg. Juniors are not allowed to enter this event)

- Open to members of any eligible club
- Composite crews allowed
- Coxes shall be born before **1st September 2011**
- All other competitors must have been born before **1st September 2008** i.e. be at least J17
- All overseas crews are required to submit a rowing CV (per Regatta Rule 3.3) detailing all wins, both rowing and sculling, to be considered for these events

No crew may contain any competitor, who has been selected (including spares) for the:

- Olympic Games
- Paralympic Games
- World Rowing Championships
- World Cups
- World University Rowing Championship (FISU)
- World Rowing Under 23 Championships
- Commonwealth Rowing Championships



- European Rowing Championships or other continental equivalent

No crew may contain any competitor who has, from **2020-2025** inclusive:

- Won gold in a women's openweight Championship or Club event in any boat type at the British Rowing Senior Championships (or the equivalent in any country) where there were 5 or more entries
- Won a medal at the World Rowing Junior / U19 Championships
- Won a medal at the European Rowing Under 23 Championships or other continental equivalent
- Won a Championship/Aspirational event at HWR in either discipline
- Won a BUCS Regatta gold medal in a Championship openweight event in either discipline (or the equivalent in any country). For Irish crews won a Senior openweight event at University Championships
- Won a EUSA gold medal in a Championship openweight event in either discipline
- Won a medal in either discipline at the NCAA regatta for openweight events or IRA Championship for Fiona Dennis Trophy. This exclusion does not apply to Division 3 universities
- Qualified to race through the Qualifying Races, or won a round in an event with no qualifying races, in any Open event at Henley Royal Regatta in either discipline
- Won a Club / Student / Junior event at Henley Royal Regatta
- Been invited to closed GB trial or equivalent in any country (GB clarification: Dec GBRT Trial & Testing or GBRT April Trial). Irish competitors who have been to any Irish closed trial should contact the Entries Secretary
- Been selected for Oxford/Cambridge in any openweight crew (not the lightweight crew)
- Won a senior event at the Home International Regatta in either discipline (excluding Para categories and 500m sprint racing)
- For the Fiona Dennis Trophy* for lightweight single sculls only: Won a lightweight event at the Home International Regatta (excluding 500m sprint), or a lightweight Championship BUCS Regatta (or USA IRA Championship) event or been selected for Oxford / Cambridge in the lightweight crew or won a Championship or Club event at British Rowing Senior Championship (or the equivalent in any country) or won a lightweight event at EUSA

The Copas Cup and the Lester Trophy for club crews

- No crew shall contain any competitor who is a registered internal student of an academic institution or school and who has raced in an open regatta (not head race) including BUCS in the current season (i.e. **1st September 2024 – 20th June 2025**) for that club

The Colgan Foundation Cup and the Cathy Cruickshank Trophy for academic crews

- Competitors shall be registered full time students of the university, school or college for the whole of the academic year **2024/25**. For those with a course start date between **1st January and 1st April 2025**, they must be a registered full time student for the whole of **2025**.



- A student (non-junior) studying at an academic institution not registered with their national federation may, upon written approval from the Race Committee Chairman, race in these events for an alternative affiliated institution

Development event - see Regatta rule 7

The Frank V Harry Cup – for coxed fours

- Open to members of any one club affiliated to British Rowing, Scottish Rowing, Welsh Rowing or Rowing Ireland
- Crews from Ireland must be of novice or club status level
- Crews are encouraged to use experienced coxes
- Any competitor who has competed in another country and wishes to take part in this event as a member of a UK club is required to contact the Entries Secretary
- Composite crews are not allowed
- Crews may contain a maximum of two juniors who must have been born before **1st September 2009** i.e. be at least J16
- Coxes shall be born before **1st September 2011**
- No crew shall contain any competitor who has represented her country in any international regatta at any level/age

In addition, no crew may contain any competitor who has **at any time**:

- Previously won any event at HWR
- Previously qualified via the time trial for any event at HWR except Development 4+ or any Junior or J16 events
- Previously won a round at HWR in any event except Development 4+
- Competed in any non-lightweight Championship event at BUCS Regatta
- Won a gold medal in a Lightweight Championship event at BUCS Regatta
- Won an Intermediate event at BUCS Regatta **or Irish University Championships**
- **Won any event the British Rowing Senior Championships (or the equivalent in any country) in either discipline, irrespective of number of crews raced**
- Won a medal at National Schools Regatta in a Championship event or won a medal in a J18 event at the British Rowing Junior Championships (or the equivalent in any country) in either discipline, irrespective of number of crews raced
- Placed in the top 50 in the Women's Eights Head of the River Race
- Been classified as time only in the Women's Eights Head of the River Race and achieved a time which would place them in the top 50 in that year
- Raced in any event at Henley Royal Regatta in either discipline, **irrespective of whether there were Qualifying Races or not**



- Been invited to closed Senior or Junior GB trial or equivalent in any country
- **Been selected for Oxford or Cambridge in any crew (Open or Lightweight)**

Para competitors or competitors wishing to enter this event should contact the Entries Secretary

Junior events - see Regatta rule 7

The Peabody Cup – for junior eights

The Groton School Challenge Cup – for junior coxed fours

The Bea Langridge Trophy – for junior quadruple sculls

The Rayner Cup – for junior double sculls

The Di Ellis Trophy – for junior single sculls

All events are classified as Junior

- Open to members of any eligible club or academic institution
- Composite crews allowed. Composite crews which include final triallists for the junior team or similar are expected to enter an Aspirational event
- Competitors including coxes must not have attained 18 years of age before **1st September 2024**
- At least 50% of the crew (excluding cox) must be born between **1st September 2006 and 31st August 2009. i.e. are J18 or J17 or J16**. The remaining crew members must be at **least J15 ie born before 1st September 2010**
- Competitors in the Di Ellis Trophy must be born between **1st September 2006 and 31st August 2008 i.e. are J18 or J17**. **Any J16 or younger entries will not be accepted**
- Coxes shall be born before **1st September 2011**

J16 Events have been withdrawn

Para-rowing single sculls events

The Grosvenor Cup – for para-rowing PR3 single sculls

The Vesta Cup – for para-rowing PR2 single sculls

- Open to competitors who have a World Rowing Para classification
- Open to members of any eligible club or academic institution
- Competitors must have been born before **1st September 2008** i.e. be at least J17
- Where there are more than four entries the first round may be run as a time trial on **Friday 20th June**

3) Seeding

v1.4 10th Nov



- 3.1) The Regatta reserves the right to “seed” crews in other events based on their performance in the 2025 regatta season