

## Time Trial Instructions Senior Events 2026



A time trial is required for the following events on Friday, 19 June

Event	Entry	Boating time from	Race time	Disembark	No of crews to qualify	No of crews seeded
<b>Aspirational Academic 8+</b> Colgan Foundation Cup	34	9:25	10:00	10:10 – 10:30	16	8
<b>Aspirational Club 8+</b> Copas Cup	26	9:45	10:20	10:30 – 10:45	16	8
<b>Aspirational Club 4x</b> Chairman's Trophy	27	10:00	10:35	10:45 – 11:00	16	8
<b>Championship 2-</b> Redgrave Challenge Vase	15	10:15	10:50	11:00 – 11:10	14	6
<b>Championship 1x</b> George Innes Cup	9	10:25	11:00	11:10 – 11:20	8	4
<b>Aspirational 1x</b> Churcher Cup	32	10:30	11:05	11:15 – 11:35	16	8
<b>Championship 2x</b> W Peer Trophy	12	10:50	11:25	11:35 – 11:45	10	4
<b>Championship Lwt 1x</b> Godfrey Rowsports Trophy	8	11:00	11:35	11:45 – 11:55	6	2
<b>Aspirational Lwt 1x</b> Fiona Dennis Trophy	16	11:05	11:40	11:50 – 12:00	14	6
<b>Championship 8+</b> Ron Needs Cup	16	11:25	12:00	12:10 – 12:20	16	8
<b>Championship 4x</b> Borne Cup	15	11:35	12:10	12:20 – 12:30	14	6
<b>Aspirational Academic 4x</b> Nina Padwick Trophy	21	11:45	12:20	12:30 – 12:45	16	8
<b>Championship 4-</b> Avril Vellacott Cup	9	12:00	12:35	12:45 – 12:55	8	4
<b>Aspirational 2x</b> Rosie Mayglothing Trophy	46	12:10	12:45	12:55 – 13:20	16	8
<b>Aspirational Club 4-</b> Lester Trophy	21	12:35	13:10	13:20 – 13:30	16	8
<b>Aspirational Academic 4-</b> Cathy Cruickshank Trophy	13	12:50	13:25	13:35 – 13:45	12	6
<b>Development 4+</b> Frank V Harry Cup	40	13:00	13:35	13:45 – 14:05	16	8

The time trial will be held over approximately 1,400m starting halfway along Temple Island and finishing at the normal regatta finish at Remenham Club. All crews entered in the events named above will be required to race on Friday morning.

**Crews will boat in numerical order (lowest number first) and must obey Marshal's instructions in the boating area and on the way to the start. Note: for the larger events with 20+ entries: please consider your starting number and do not try and boat at the start of the "boating from" time if you are further down the start order for your event. This will assist with minimising congestion in the boating area and the marshalling area.**

- Crews will follow the normal circulation pattern to the start area where they will be marshalled on the Berkshire (towpath) bank.
- Crews will be started once they have negotiated the stake boats and have come onto the course.
- The command GO will be given approximately 50 metres before the timing start.
- Crews will be started at 30-second intervals.

- If a faster crew catches a slower one, the slower boat must move to the Buckinghamshire side of the course in order to keep out of the way of the faster one.
- Umpires will be stationed along the course and any crew impeding another one will be given a substantial time penalty.
- Once a crew has crossed the finish line it must continue to the gap in the booms and turn off the course towards the Berkshire (towpath) bank in order to return to the rafts.

Qualifying crews will be announced in alphabetical order after the race. A list of unsuccessful crews will be published, in finishing order.

Coxes must weigh-in at least 30 minutes before boating for the time trials. Entry enquiries to: [Entries@hwr.org.uk](mailto:Entries@hwr.org.uk)  
General enquiries to: [Enquiries@hwr.org.uk](mailto:Enquiries@hwr.org.uk)